



## **Fitness/Personal Training Internship @ The MAC!**

The Maryland Athletic Club & Wellness Center continues to grow and is providing a non-paid internship for Towson University Exercise Science Majors. This is a dynamic and hands-on opportunity for an enthusiastic individual who is passionate about the fitness industry. The intern will have an opportunity to work closely with the Fitness Director and Fitness/Personal Training teams at our Timonium location. (4 miles from TU)

**The intern will touch several facets of Fitness/PT, including but not limited to:** establishing professional relationships with MAC clients and staff members, shadow New Member Appointments, shadow Exercise Sessions with Program Set-up on one of the MAC Success Circuits, assisting Members with determining their goals and tracking their results, and other various projects as assigned.

### **Benefits and Perks that come with the Internship:**

- Complimentary membership to all MAC clubs!
- Professional development
- Discounts at our Pro Shop
- Discounts on fee based programs and service
- Outstanding networking opportunities

### **Interested?**

Please send your resume and cover letter to Gaby Fishpaw at [gfishpaw@macwellness.com](mailto:gfishpaw@macwellness.com)