

# DEPARTMENT OF FAMILY STUDIES & COMMUNITY DEVELOPMENT

## 4 Year Course Plan for the Family & Human Services Track

Date: \_\_\_\_\_

Advisor: \_\_\_\_\_

Student's Name: \_\_\_\_\_

TU ID/SS#: TU \_\_\_\_\_ SS \_\_\_\_\_

SEMESTER #1				SEMESTER #2			
Course Number & Name	Units	Semester	Grade	Course Number & Name	Units	Semester	Grade
FMST 101: Intro to Family Studies*	3			ENGL 102: Writing for Liberal Ed* or ENGL 190 Honors Writing Seminar	3		
PSYC 101: Intro to Psychology*	3			SOCI 101: Intro to Sociology*	3		
SEMESTER #3				SEMESTER #4			
Course Number & Name	Units	Semester	Grade	Course Number & Name	Units	Semester	Grade
FMST 201: Family Resources	3			FMST 305: Parent-Child Relationships OR EDUC 201: Parenting Process°	3		
PSYC 203: Human Development	3			HLTH 220: Sexuality in Div Society°	3		
Basic Statistics*° (MATH 231, MATH 237, PSYC 212, PSYC 213, or ECON 205)	3			PSYC 205: Intro Helping Relations*	3		

\*Pre-requisite course for all upper level courses    °Required beginning Catalog Year '05-'06    †Course must be taken in semester assigned

#Electives must reflect a blend of age groups across the family life cycle and/or reflect generic content applicable to multiple age groups. The following disciplines are recommended for elective courses: education, psychology, sociology, gerontology, health science, and women's studies – 1 must be 300 level or above. Advisor approves all elective courses.

^ FMST 397(II) & (III) (120 hours each) may be substituted by FMST 497 (240 hours) with permission of Chair & Internship Coordinator

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SEMESTER #5				SEMESTER #6			
Course Number & Name	Units	Semester	Grade	Course Number & Name	Units	Semester	Grade
FMST 301: Family Relationships	3			FMST 297: Prep Hum Srvc Wkrs† (Semester prior to FMST 397)	3		
FMST 302: Theories of Fam Funct	3			FMST 380: Family Law	3		
FMST 303: Trends in Cont Fam Life	3			FMST 387: Community Svcs for Fams	3		
Major Elective <sup>#</sup>	3			Major Elective <sup>#</sup>	3		
SEMESTER #7				SEMESTER #8			
Course Number & Name	Units	Semester	Grade	Course Number & Name	Units	Semester	Grade
FMST 350: Fnd Lead Non-prof Sect	3			FMST 397(II): Internship^	3		
FMST 397(I): Internship† (Pre-req= 21 units in FMST & 297; approval by chairperson)	3			FMST 397(III): Internship^	3		
FMST 485: Research Methods (Pre-req= Basic Statistics; FMST 302)	3			FMST 490: Senior Seminar† (Pre-req= FMST 485) (Final Semester)	4		
Major Elective *	3			Major Elective <sup>#</sup>	3		

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