

Fitness and Wellness

Certified Personal Trainer

Job Description



Campus Recreation Services consists of six program areas: Adventure Pursuits, Aquatics, Fitness, Informal Recreation, Intramural Sports, and Sport Clubs. Over 165 students are employed with CRS in various positions to administer, manage, and support day-to-day operations. Student employee positions range from entry level positions such as area floor staff, office staff, and sport officials, to supervisory and management positions. Consideration for employment is based on the review of a completed CRS job application and interview, and may vary based upon position and program area.

Supervisor: Assistant Director, Fitness and Wellness

Manager Position Description

Management level employees are responsible for managing CRS programs and working with multiple program areas within the department. They supervise staff from all CRS program areas and assist in the hiring, training, and evaluation of all staff. Managers are highly involved in many programming and facility maintenance aspects of CRS and are expected to collaborate with staff from all CRS program areas and several other departments on and off campus.

Specific Responsibilities

- Must have a valid nationally recognized personal training certification (ex. ACSM, ACE, etc) and CPR certification
- Attend all required meetings/trainings for CRS staff and Personal Training Staff
- Learn required skills to perform fitness assessments and orientations
- Acquire knowledge to develop safe and effective personalized fitness programs for clients, including cardiovascular, strength training, and flexibility components, based on their goals and motivations
- Enhance knowledge through continuing education, etc to build skills
- Maintain accurate paperwork for clients and sessions
- Enforcement of rules and regulations
- Communicate any equipment problems, member concerns, or suggestions to the Assistant Director and Student Personal Training Supervisor