

# **Heartsaver (Adult/Child/Infant)** **CPR/AED** **Training**

The ***Heartsaver Adult/Child/Infant*** class is a 6-hour American Heart Association (AHA) accredited training class offered by Environmental Health & Safety (EHS) which covers adult, child and infant CPR, foreign body airway obstruction (FBAO) and the automatic external defibrillator (AED). Individuals who successfully complete the course will receive AHA training cards for Basic Life Support (BLS) CPR.

The AHA requires biennial CPR recertification and annual AED skills recertification. Because EHS recommends that previously qualified individuals take the full course annually to maintain CPR & AED skills, a ***Heartsaver Adult/Child/Infant*** “refresher” course is not offered and AHA training cards will only be offered biennially.

The class is offered in Administration 120 from 8am-3pm. Space is limited to a minimum of 4 with a maximum of 10 individuals per class and advance registration is required. The class is only open to University faculty, staff and employees and there is no fee for the class. Contact EHS for class dates & times.

Individuals who do not desire infant CPR/FBAO training should register for the 4.5 hour Heartsaver AED class offered by EHS on a monthly basis.

If there are any questions or to register, please contact EHS at 410-296-7593 or at [safety@towson.edu](mailto:safety@towson.edu).