

GLEN MARKET PLACE EARTH DAY 2009 PLEDGE

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1. Identify/check ALL practices you are currently doing to be "green"
2. Choose/check 7 NEW practices to adopt as part of your 2009 Earth Day Pledge

<u>Currently</u>	<u>Earth Day</u>	<u>For my Home and at Work</u>
___	___	turn off lights and appliances when not in use
___	___	use computer sleep mode at home /office/turn off at night
___	___	set thermostat no higher than 68 degrees
___	___	wash clothes in cold water
___	___	set hot water heater at 120 degrees
___	___	unplug appliances when not in use
___	___	close blinds/draperies at night
___	___	replace at least 3 incandescent light bulbs with fluorescent bulbs
___	___	install low flow shower heads
___	___	when purchasing major appliance buy an Energy Star model
___	___	use re-usable bags for shopping - no paper or plastic
___	___	recycle paper, plastic, metal, glass
___	___	purchase more locally produced foods
___	___	recycle electronic products, batteries, phones



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<u>Currently</u>	<u>Earth Day</u>	<u>For my Home and at Work:</u>
___	___	compost (inside worm bin or outside bin) - vegetable scraps, coffee grounds, shredded paper - no meat, dairy, citrus
___	___	eliminate use of bottled water
___	___	eliminate use of Styrofoam and disposable dinnerware
___	___	use cloth napkins
___	___	schedule a home energy audit
___	___	use re-usable food storage containers to replace (plastic) bags
___	___	pay bills electronically
___	___	remove name from direct/junk mailings
___	___	eliminate purchase of 'over-packaged' product
___	___	increase purchase of biodegradable products

<u>Currently</u>	<u>Earth Day</u>	<u>For my Transportation:</u>
___	___	carpool to work or school at least 1 day per week
___	___	plan driving route and errands to minimize gas use
___	___	replace at least 5 miles of driving per week with walking
___	___	take public transportation to work or school at least 1 day/week

As part of Earth Day 2009, I pledge to adopt these 7 NEW practices in order to become a better steward of our Earth.

Name _____ Date _____

E-mail address (print clearly, please) _____



Thank You~